



THE SMAE INSTITUTE™

# 2024 ANNUAL CONVENTION

DoubleTree by Hilton Oxford Belfry  
Thame, Oxfordshire

**Friday 4th & Saturday 5th  
October 2024**

*"The beautiful thing  
about learning is  
nobody can take it  
away from you"*

B.B. King

Join us for a fantastic event comprising of learning and networking, where you'll have the opportunity to listen to renowned lecturers, alongside exploring the extensive trade exhibition in a beautiful 4\* hotel, with luxurious accommodation. Delegates will be treated to tasty snacks, unlimited refreshments, and a delicious hot/cold buffet lunch. And that's not all – you're invited to join us at our Gala Dinner featuring a Celebration of Achievement and music to dance the night away.

***Don't miss out on this opportunity to expand your knowledge and connect with like-minded professionals.***

**Book before  
30th August and  
SAVE £20!**

To book your place, scan the QR code, visit [www.smaeinstitute.co.uk/smae-store/](http://www.smaeinstitute.co.uk/smae-store/) or call the Convention Hotline on **01628 560654**



*Incorporating The British Chiropody & Podiatry Association and The British Association of Foot Health Professionals in conjunction with The SMAE Institute*

# The Annual Convention Agenda

## Friday 4th October 2024

**8.45 – 9.50am** Registration, Trade Exhibition & Arrival Refreshments

**9.50am – 10.00am** Welcome by Tracey O'Keeffe

**10.00am – 11.00am** **Beverly Harden** MBE FCSP

### Foot Health in the 21st Century

This presentation will discuss Foot Health in the 21st century, and how as a community we keep the nation on its feet.

**11.00am – 11.40am** Refreshment Break & Trade Exhibition

**11.40am – 12.40pm** **Dr Ron Daniels** BEM

### Sepsis and antimicrobial resistance: 2024 and beyond

This presentation will provide a discussion around the scale of the problem of sepsis and post-sepsis syndrome in the context of antimicrobial resistance, including changes to the recognition and management landscape during 2024.

**12.40pm – 2.00pm** Hot/Cold Buffet Lunch & Trade Exhibition

**1.05pm – 1.50pm** **Practical Break Out Session** (Optional - £15pp)

**How to apply effective Low Dye Taping when treating first step pain in Plantar Fasciitis** with **Michael Ratcliffe** FFPM RCPS (Glasg), MRCPod, FRCPodM, B.Sc. (Podiatry), M.Sc. (Health Research), Cert. Ed.

Low Dye Taping (LDT) remains a powerful, evidence-based treatment in reducing first-step pain associated with plantar fasciitis. Using rigid and semi-rigid tape learn how to effectively apply this taping technique and where LDT 'fits' into your management approach to this common pathology

**2.00pm – 3.00pm** **Dr Jean Mooney** PhD, MA, BSc (Hons), FRCPodM, FRCPodS, FHEA, FFPM RCPS (Glas).

### Insoles on the Hoof

This presentation will talk through the steps leading to the manufacture of Chairside Orthotics, including simple replaceable/reusable pads, silicone orthodigita and semi-permanent insoles. These techniques will be illustrated by both PowerPoint slides and practical demonstrations.

**3.00pm – 3.40pm** Refreshment Break & Trade Exhibition

**3.40pm – 4.40pm** **Belinda Longhurst** BSc (Hons); PGCert; FHEA; FFPM RCPS (Glasg)

### Paediatric Podiatric Dermatology

This presentation will review patient and lesion assessments of common viral and inflammatory skin conditions, which can manifest in children and young adults. Referral pathways and patient-centred management options will also be considered.

**4.45pm – 5.15pm** **Complimentary session** with **Tracey O'Keeffe** MA, BSc, RN, PGCE, MCFHP MAFHP

### An invitation to mindfulness!

This is a complimentary session where you are invited to come and experience an introduction to mindfulness and a short meditation session. Feel free to come if you are already practicing mindfulness regularly, new to it and interested, or totally sceptical! Just come ready with an open-mind and a body that needs restoring! It may just make your evening even better..... No need to bring anything, just willingness to participate.

**7.15pm – Late** Gala dinner, music, and celebration of achievement (for those booked)

## Saturday 5th October 2024

**8.30 – 9.15am** Registration, Trade Exhibition & Arrival Refreshments

**9.15am – 10.15am** **Dr Andrew Hill** DHealth; MSc Podiatry; BSc (Hons); PGCert L&T; FFPM RCPS(Glasg); FHEA; FSSCh

### Informed Consent – Navigating this Important Principle in Healthcare

Consent in healthcare is often spoken about and discussed in terms of its importance but is often under-explored in terms of how best to technically achieve it. Moreover, changes in legislation and growing awareness of complex issues that impact upon an individual's ability to provide informed consent has meant that clinicians do encounter situations that they are ill-equipped to handle. This talk looks to explore all of this and leave you with a greater understanding of the terrain around informed consent in healthcare.

**10.15am – 11.00am** Refreshment Break & Trade Exhibition

**11.00am – 12.00pm** **Prof. Sir Steve West** CBE, DL, FChS, FCPM, FRSM, FRSA, Vice-Chancellor and President, UWE Bristol, Chair of the West of England LEP, Chair of the West of England Academic Health Science Network.

### Lower Limb Neurology

Patients often present to clinic with vague signs and symptoms that may be linked to abnormality of the nervous system. It is important that we can effectively carry out a clinical examination and history to determine whether there is a need to refer the patient for further examinations and tests. To undertake the assessment and determine whether there is anything abnormal requires some understanding of the anatomy alongside how to examine the motor and sensory systems. This presentation provides an opportunity to revisit the basics.

**12.00pm – 1.20pm** Hot/Cold Buffet Lunch & Trade Exhibition

**12.30pm – 1.15pm** **Breakout Session** (Optional - £15pp)

### Common pitfalls in practice

 with **Dr Andrew Hill**

There are plenty of things undertaken in clinical practice which are not best practice. These oversights and errors are usually the result of habits that we may get into or the ongoing presence of some outdated teaching which have never been fully updated for people by way of CPD. This breakout session will spend some time going over some of the most common ones, detailing why that aspect of practice persisted and what the current best evidence says about that. Please do bring some questions to this session as there may be aspects of practice that you are unsure of and would like some clarification!

**1.20pm – 2.20pm** **Tracey O'Keeffe** MA, BSc, RN, PGCE, MCFHP MAFHP

### Living with a Gorilla!

This talk looks at chronic illness from the patient perspective; the lived experience of physical, mental and social adjustments. It will invite you step into their shoes rather than just focusing on the challenges this complexity can bring us as clinicians.

**2.20pm – 2.30pm** Ten-minute recess

**2.30pm – 3.30pm** **Robert Isaacs** BSc Pod (hons) MRCoP HCPC

### The Conservative Management of Ingrowing Toenails

Of all the conditions we treat, Ingrowing toenails are among the most common, the most painful, and when we are successful, the most satisfying. In this talk we look at some of the classical, and the more recent treatment tools at our disposal for the conservative management of this challenging condition, with lots of simple tips and tricks that you can use in clinic.

**3.30pm – 3.35pm** Closing Talk

*The SMAE Institute reserves the right to alter the agenda if necessary. It cannot be held responsible for events outside of its control.*



# MEET THE LECTURERS

## **Belinda Longhurst**

*BSc (Hons); PGCert; FHEA; FFPM RCPS (Glasg)  
Podiatry Lecturer*

Belinda qualified as a podiatrist in 2003 and was awarded a First-Class Honours degree with Distinction by the University of Southampton. She is a Podiatry lecturer for the SMAE Institute's BSc (Hons) Podiatry degree programme (in collaboration with Queen Margaret University, Edinburgh) and is a Fellow of both the Higher Education Academy and the Royal College of Physicians and Surgeons of Glasgow. Belinda has a special interest in Podiatric Dermatology and has frequently presented her published work at both national and international conferences. She is also joint course provider for the Royal College of Podiatry Skin Surgery Course (extended scope of practice) and is a Trustee and Volunteer Coordinator for the Registered charity Forgotten Feet, which offers free footcare to the homeless and socially isolated. Belinda is keen to promote the upskilling of Foot Health Practitioners and Podiatrists in lesion recognition skills to strengthen the profession and improve patient outcomes.

## **Beverley Harden**

*MBE FCSP*

Beverley Harden is the Deputy Chief Allied Health Professions Officer for England, National Lead for multi-professional Advanced and Consultant Practice for NHS England's Workforce, Training and Education Directorate. Beverley was awarded an MBE in the King's New Years Honours list for services to healthcare and is a Fellow of the Chartered Society of Physiotherapy.

Since 2018 she has led work in her current role across England to enable employers to realise the full workforce potential of the 15 Allied Health Professions, secure and grow the future workforce and develop the skilled allied health support, assistant practitioner and technician workforce.

Beverley also leads the national Multi-professional Advancing Practice programme, establishing the Centre for Advancing Practice to bring together clinical and education experts from across professions to develop educational and career pathways for enhanced, advanced and consultant level practice. This is enabling more highly skilled staff to pursue more inclusive clinical career opportunities as advanced and consultant practitioners.

With extensive senior NHS leadership experience, Beverley has managed a variety of large multi-professional cross healthcare services and led Trust Education Services. She has led complex service and workforce transformation across systems and as part of the national NHS England New Models of Care team. Beverley has worked as an Allied Health Professions Lead for over a decade across regional and national portfolios.

As a Physiotherapist she worked as an expert clinician in critical care and with patients with chronic respiratory failure requiring home ventilation and rehabilitation to optimise person centred quality of life outcomes. Beverley has volunteered extensively across the Chartered Society of Physiotherapy, most notably in establishing safe and effective national on call standards and guidance.

As a Visiting Professor at the University of Winchester, she continues her research activity and is committed to the development of education and training to optimise workforce capability across the workforce. Outside of the NHS Beverley is a Board Trustee for Carers UK and, as a carer herself, is a passionate advocate for unpaid carers across the UK.

## **Dr Andrew Hill**

*DHealth; MSc Podiatry; BSc (Hons); PGCert L&T; FFPM RCPS(Glasg); FHEA; FSSCh  
Programme Lead and Senior Lecturer – BSc (Hons) Podiatry*

Andrew has been a practicing Podiatrist since he qualified from The University of Brighton in 2006. He is the Programme Lead for The SMAE Institute's BSc (Hons) Podiatry degree programme as well as for the Local Anaesthesia and Prescription Only Medicines programmes. Andrew obtained his teaching qualification in 2011, his MSc in Podiatry from QMU in 2015 and his Doctorate in Health from the University of Bath in 2022. Andrew's professional area of interest is in the foot in diabetes and health behaviours. He has several peer-review publications to his name and also works as a peer reviewer for 'The Diabetic Foot' journal and 'Patient Education and Counselling' Journal. Andrew also holds posts as an education visitor for the HCPC and Regional Advisor for Podiatry to the Royal College of Physicians and Surgeons of Glasgow.

## **Dr Jean Mooney**

*PhD, MA, BSc(Hons), FRCPodM, FRCPodS, FHEA, FFPM RCPS(Glas).*

Jean has been a Podiatrist for more than 40 years, working initially in general practice and mental health before moving into NHS management, thence to lecturing at University College London, then appointed as consultant podiatrist to the Royal Hospital, and now is in independent practice. She is an Independent Prescriber and lectures widely on a range of CPD update topics.

## **Dr Ron Daniels**

*BEM, Founder and Joint CEO: UK Sepsis Trust*

Ron Daniels is an NHS Consultant in Intensive Care, based at University Hospitals Birmingham, U.K. He's also Founder and Chief Executive of the UK Sepsis Trust and Vice-President of the Global Sepsis Alliance. In 2016 he was awarded the British Empire Medal for services to patients.

Ron's expertise lies in translational medicine and leadership. He leads the team driving dissemination of the Sepsis 6 treatment pathway and is part of the team responsible for much of the policy and media engagement around sepsis in the U.K. and elsewhere, including as a core member of the team securing the adoption of the 2017 Resolution on Sepsis by the WHO.

At home, Ron's worked with the NHS over the last 7 years to ensure that, in England, more than 80% of patients presenting with suspected sepsis now receive appropriate antimicrobials rapidly. He's ever mindful of the perceived conflict, and the synergies and need for collaboration, with the antimicrobial stewardship agenda.

## **Prof. Sir Steve West**

*CBE, DL, FChS, FCPM, FRSM, FRSA, Vice-Chancellor and President, UWE Bristol,  
Chair of the West of England LEP, Chair of the West of England Academic Health  
Science Network*

Professor Sir Steve West took up the post of Vice-Chancellor and President of the University of the West of England Bristol in 2008. Steve is a Fellow of the Royal Society of Medicine, the Royal College of Podiatric Medicine and the Royal Society of Arts. Steve trained as a Podiatrist and Podiatric Surgeon in London and developed his research interests in Lower Limb Biomechanics and the Diabetic Foot at King's College London. He worked as a clinician and clinical tutor in the NHS, University Sector and undertook research and consultancy in industry and the retail healthcare sectors. He holds a number of national and international appointments in Higher Education, healthcare policy and practice. Steve is currently a Non-Executive Director of BNSSG Integrated Care Board and Chair of the UUK Mental Health in Higher Education. He is the Chair of the West of England Academic Health Science Network



## Michael Ratcliffe

FFPM RCPS (Glasg), MRCPod, FRCPodM, B.Sc. (Podiatry), M.Sc. (Health Research), Cert. Ed.

Michael qualified as a podiatrist from the University of Brighton in 1989. Michael has clinical experience working in the National Health Service specialising in lower limb gait rehabilitation post trauma. Michael also has commercial and industrial experience, running a podiatry business within Boots the Chemist and working for Everflex (UK) Ltd, an orthoses manufacturer. He has academic experience as a Lecturer in Podiatry (Lower Limb Anatomy and Pathomechanics) and as Head of School at the Birmingham School of Podiatry. Michael's academic interests centre on researching the mechanical behaviour of the heel fibro-fatty padding within gait. Currently, Michael has been appointed as Sales Training Manager for Cuxson Gerrard & Co. Ltd researching foot care products and delivering podiatric training nationally. He continues to work part-time in private practice.

## Robert Isaacs

BSc Pod (hons) MRCP HCPC

Robert qualified in 2000 from the University of Brighton. He took a post in the NHS and remained there, taking on a specialist role in biomechanics in 2005. From 2005 until 2021 he worked as Lead Podiatrist in Biomechanical therapies, specialising in Paediatric Biomechanics and leading the Musculoskeletal Podiatry team for the West Kent locality.

Robert has been involved in the delivery of several podiatry degree programs, including the Podiatry degree from QMU. He has also lectured on the MSc Biomechanics module for the University of Ulster and CESPU (a Portuguese university offering Podiatry). He has been an invited lecturer at the Langer Biomechanics Summer School, the Royal College of Podiatry annual conference, the British Chiropody and Podiatry Association annual conference and the Institute of Chiropody and Podiatry annual conference. He has written for several professional journals and writes a regular column for "ComMenT", the journal for CMT UK (a charity supporting people with Charcot Marie Tooth).

## Tracey O'Keeffe

MA, BSc, RN, PGCE, MCFHP MAFHP

SMAE Institute Programme Lead (Dip FH) / Part-time Lecturer for the SMAE Institute BSc (Hons) Podiatry Programme

Tracey has over 30 years experience as nurse working through acute and community care, as well as being a SMAE trained FHP for more than 15 years. Throughout her career and practice, she has always been involved in education, with a passion for understanding and translating to others how knowledge impacts patient care and experience. Aside from senior clinical roles, she has been a Senior Lecturer at higher and further education level, Education Lead for a London NHS community trust, and a Fellow at Health Education England. As a part-time lecturer at the SMAE, Tracey is Programme Lead for the FHP Diploma and teaches on the BSc (Hons) Podiatry Degree Programme, Local Anaesthesia and Prescription Only Medicines programmes. As well as this, Tracey continues to teach on nursing programmes as well as being involved in patient-facing education. She is a qualified Coach and works 1-2-1 with people for personal and professional development.

# MAP

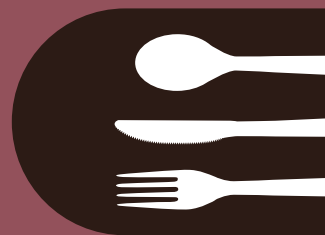
## DoubleTree by Hilton, Oxford Belfry

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# GALA DINNER MENU



## STARTER

- 1 Greek Salad, Balsamic syrup served with pitta bread shards (V)
- 2 Chicken Liver Parfait served with Toasted brioche & onion chutney
- 3 Roasted Red Pepper and Tomato Soup with Balsamic Syrup (V) (Vegan) (GF)

## MAIN

- 1 Roast Salmon served with grilled Mediterranean vegetables & roasted new potatoes (GF)
- 2 Breast of Chicken served with dauphinoise potatoes, confit carrot & thyme jus (GF)
- 3 Saffron and Parmesan risotto served with grilled courgette, sundried tomato & crispy fried onions (V) (Vegan)

## DESSERT

- 1 Chocolate brownie served with ice cream & toffee sauce (V) (GF)
- 2 New York Baked Vanilla Cheesecake served with pineapple salsa & passionfruit syrup (V) (Vegan)
- 3 Tropical fruit salad (V) (Vegan) (GF)

For those booked to attend